

Poetry in My Heart ♥ 2025



RECITATION CONTEST

SEPTEMBER - 30 NOVEMBER 2025

GUIDELINES FOR 10-18-YEAR-OLD STUDENTS

SUPPORTED BY

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The Latvian Association of Teachers of English

LAVSA
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WHAT?

A poetry recitation contest to practice Public Speaking skills, presentation skills, creative writing and performance for 10-18-year-olds.

ONLINE UNTIL 30 OCTOBER

1. Choose 1 poem (25 lines or fewer)
2. Learn the poem by heart.
3. Record the poem (up to 2 minutes)
4. Parent or guardian submits the link to your recording via the [Poetry in My Heart 2025 application form](#) >



WHY?

- Poems are short
- A dynamic way to learn
- Public Speaking Practice
- Inspiring

FINALS 30 NOVEMBER

in case you are chosen for the finals
your parent and teacher will be informed until 10 November, 2025

1. **Learn your second poem by heart.**
2. **Perform it live on 30 November, 2025.**
3. **Be ready to prepare your piece of creative writing on the spot and perform it live (for 15-18-year-olds)**

WHEN?

- Online phase - September - October 2025
- Submit the link to the recording until October 30 2025
- Offline Finals - November 30, 2025

HOW TO RECORD THE VIDEO

1. **Instagram format**
2. **Plain or nice background**
3. **En face from the waist up**

In case you need any help, contact Your teacher.